

January Afternoon Snacks

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Peanuts & Whole Cheez-Its*	3 Bananas with Peanut Butter	4 Diced Peaches & Sun Chips*	5 Broccoli & Whole Grain Fish Crackers*	6 Apple Sauce & Animal Crackers	7
8	9 Chewy Granola Bars* & Apple Juice	10 Petite Carrots & Turkey Lunch Meat	11 Strawberry Yogurt & Pretzels	12 Sliced Apples & Trail Mix	13 Go-Gurt & Sun Chips	14
15	16 NO SCHOOL	17 Grapes & Animal Crackers	18 Bananas & Graham Crackers	19 Red Pepper Slices & Whole Grain Wheat Thins*	20 Oranges & Whole Grain Cheez-Its*	21
22	23 Strawberry Newtons* & Cheese Slices	24 Pretzels & Peanut Butter	25 Turkey Lunch Meat & Apple Slices	26 Petite Carrots & Popcorn*	27 Diced Peaches & Pretzels	28
29	30 Go-Gurt & Trail Mix	31 Broccoli & Popcorn*				