

## ***Meals Served with Fruit, Vegetable and 1% Milk***

### **Mount Calvary School Lunch Menu – January 2023**

<b>2 – Welcome Back</b> Chicken Patty on a Bun, Tater Tots and Mixed Vegetables	<b>3</b> Walking Tacos with all the Fixings	<b>4</b> Chicken Quesadilla, Lettuce, Spanish Rice and Salsa	<b>5</b> Hamburger Macaroni in Tomato Sauce and Garlic Bread	<b>6</b> Chicken Noodle Soup and Turkey & Cheese Roll up
<b>9</b> All Beef Tot Dog in a Bun, Macaroni & Cheese and Green Beans	<b>10</b> Chicken Strips. Roasted Potatoes and Corn	<b>11</b> Spaghetti with Meatballs & Marinara and Garlic Bread	<b>12</b> Toasted Ham and Cheese Croissant, Vegetable Dippers and Chips	<b>13</b> Sloppy Joe, Baked Beans and Smiley Fries
<b>16</b> <b>Martin Luther King Junior Day</b> <i>No School</i>	<b>17</b> Pancakes, Hashbrown and Sausage	<b>18</b> Grilled Chicken Burrito with Rice and Lettuce	<b>19</b> Popcorn Chicken, Baked Beans and a Biscuit	<b>20</b> English Muffing Pizza and a Salad
<b>23</b> Cheese Burger, Corn and Baked Fries	<b>24</b> Dino Nuggets, Mixed Vegetables and a Roll	<b>25</b> Crispy Beef and Bean Taco, Corn, Lettuce and Salsa	<b>26</b> Lasagna and Garlic Bread	<b>27</b> Grilled Chicken, Noodles, Alfredo Sauce and Peas
<b>30</b> French Toast Sticks, Hashbrown and Sausage	<b>31</b> Corn Dog and Vegetable Medley			

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Please Return lower portion only, keep menu for your convenience.

Student Name \_\_\_\_\_

Parent Name \_\_\_\_\_

**Food Allergies** \_\_\_\_\_

**Preschool:** # \_\_\_\_\_ of days @ \$3.75 ea. = \_\_\_\_\_

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