

Afternoon Snacks for November

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Oranges & Cheerios*	2 Whole Grain Bread* with Peanut Butter & Jelly	3 Red Peppers & Sun Chips	4 Graham Crackers & Peaches	5
6	7 Turkey & Pretzels	8 NO SCHOOL	9 English Cucumbers & Whole Wheat Fish Crackers*	10 Apples & Graham Crackers	11 Go-Gurt & Whole Grain Cheez-Its*	12
13	14 Broccoli & String Cheese	15 Bananas & Cheerios*	16 Apple Sauce & Whole Wheat Ritz Crackers*	17 Blueberries & Yogurt	18 Carrots & Pretzels	19
20	21 Mandarin Oranges & Popcorn*	22 Animal Crackers & Chocolate Pudding	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL	26
27	28 Go-Gurt & Peanuts	29 Popcorn* & Carrots	30 Pears & Whole Grain Wheat Thins*			

*Contains Whole Grain

All snacks served with water or 100% fruit juice